



### Comedian offers clean routine

Steve Patterson's act was really funny at times but wasn't a huge hit with the audience.

NEWS 5

# Spoke

### Be stress free

With exam time just around the corner, head to the Stress Free Zone.

NEWS 3

### Jays' season underway

The fans had a great time at the opener despite an 8-4 loss to the Yankees.

SPORTS 6

Monday, April 7, 2003

Conestoga College, Kitchener

34th Year — No. 12

## Antiwar movement gaining strength

By PETR CIHACEK

Local activists believe that the worldwide peace movement will grow strong enough to stop the next war.

"The antiwar movement is growing," said protester Davin Charney. "Next time (the Americans) go somewhere, the movement will be so powerful it will equal the power of the American government."

Charney is a member of the K-W Committee Against War and Sanctions on Iraq, a group of peace activists who organize protests against the ongoing war.

"We're doing weekly protests on Saturdays at 2 o'clock by the Kitchener City Hall," he said. "If people are concerned about democracy, they should go to the streets with us."

Charney said the war on Iraq is an example of American imperialism.

"It's an illegal war," he said. "The States thinks it can go from one country to another, killing people without taking any responsibility."

Charney also said that although the antiwar movement might not stop the war against Iraq, it should be more successful when another conflict breaks out.

Wilfrid Laurier University professor Peter Eglin also believes in the power of the peace movement.

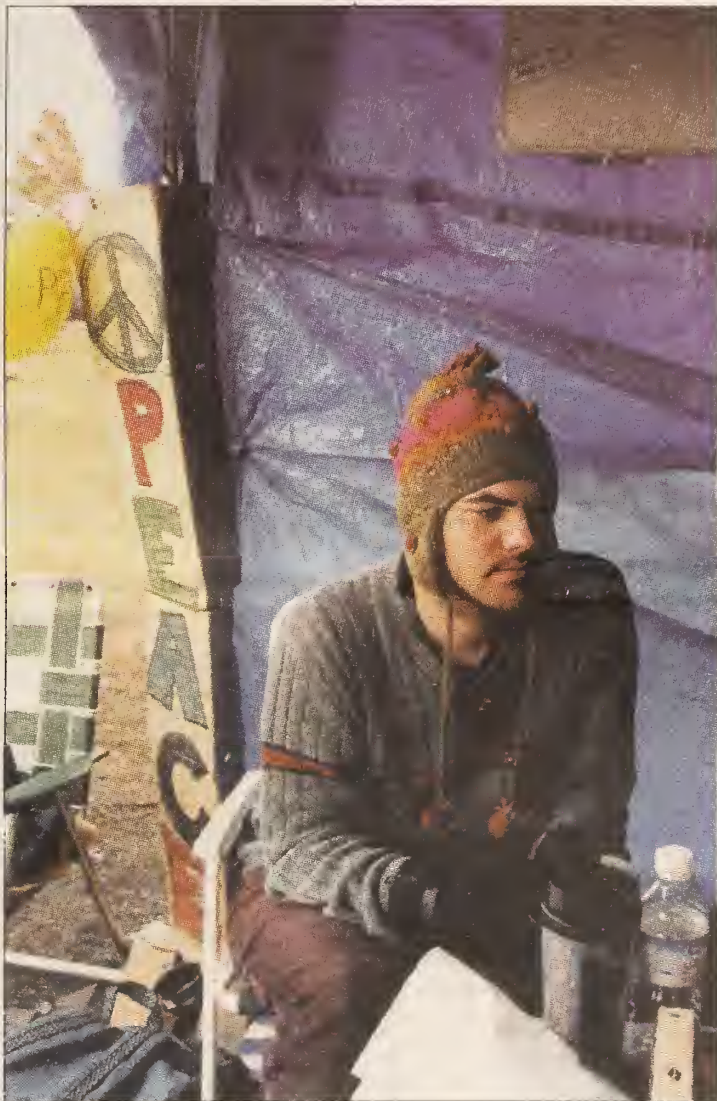
"This conflict is unique because there's been a worldwide opposition before it even started," said Eglin. "And it's promising if not for this conflict, then for the next one."

He said the protests were successful because they made the American people more skeptical about the action their government is taking.

David Alexander, an English student at Wilfrid Laurier University, also believes that ordinary Americans will get the message.

"The president might not be listening but the American people are," said Alexander. "Hopefully, they'll realize that their leader is manipulating them and that he's participating in an illegal war."

Alexander is one of the residents of the Peace Camp, a large open-sided tent pitched on the grassy stretch of the campus near University Avenue that was founded as a form of protest against the war. Protesters, mostly university students, take turns occupying the tent and they plan to have at least one person there



(Photo by Petr Cihacek)

David Alexander, an English student at Wilfrid Laurier University, sits in the Peace Camp tent to express his opposition to the war on Iraq.

all the time until the war is over.

"I oppose this war," said Alexander. "And by being here we're reacting not only against the war but also against the threat to democracy in America and the world."

**"The president might not be listening but the American people are."**

*David Alexander,  
Wilfrid Laurier University  
student*

Eglin, who called the war a "major tragedy and a crime," said he is happy that the students took the action.

"I'm very pleased to see it there," he said about the Peace Camp. "I support them."

The anthropology and sociology professor expressed his worries about world security and said the attack on Iraq will only make more Muslims and Arabs turn to "Osama bin Ladens of the world."

"The action taken by the United States and the United Kingdom is illegal and inhuman," he said.

During the first Gulf War 12 years ago, Eglin dragged an oil drum into a campus courtyard and beat it with a stick for hours to express his opposition and encourage students to engage in antiwar protests.

He said he is pleased that he did not have to do it this time as the Peace Camp showed that students do not need to be urged to raise their voices.

"But if the rate of civilian casualties starts to rise dramatically, I might get the drums out again," he said.

## It's time to find that summer job

By CARLA SANDHAM

While many children hunt for Easter eggs this season, hundreds of students search for summer jobs.

"Now is the time to start thinking about where you want to work and begin preparing your resume," said Sara Free, a career services officer at the college. She added there are a lot of great jobs out there now and students just have to find them.

### WHERE TO LOOK

A total of 1,156 people are currently registered at workopolis-campus.com, a job search site for students, and 157 summer jobs are posted. Free said this free Web site is an excellent start for job seekers.

"It's the main source of jobs and allows seekers and employers to target specific things so they don't waste time looking for jobs they can't or don't want to do," she said, adding the Internet is a hot area for job searchers.

Free said students should also check out cooljobscanada.com and for those golf enthusiasts, golfjobs.com may have what they're looking for. A complete list of many other Internet resources to job links is available at the career services office.

Other places to look for employment are the Human Resources Development Canada Web site and the Employment Resource Centre in Kitchener. The centre provides access to job banks, which list full-

time and part-time jobs currently available. Free also said students should check out third-party recruiters such as Kelly Services.

"They do take some of your wages, but they also have a lot of jobs, especially in manufacturing."

However, the old adage "it's who you know" is in fact an effective way to find jobs, Free said.

"Think about contacts and ask everyone you know." She added networking is always an important aspect in finding a job whether a person is looking for seasonal work or a full-time job after graduation.

And finally, newspaper classifieds and business sections can give people ideas where to look for employment. She said by reading the business section students can find trends and if there are any companies experiencing growth, which may need more help.

### WHAT YOU NEED

Confidence. Whether it's graduating students searching for full-time employment or returning students needing a summer job, bragging rights are warranted. And the best way to do this, said Free, is by writing a cover letter.

"You really have to market yourself using good action verbs," she said, adding many students don't realize the effectiveness of a good cover letter.

In addition to using positive language in a cover letter, she said contact information, large enough not to miss, should also be included.

Continued on Page 2



(Photo by Brandi Stevenson)

### A helping hand

Members of the recreation and leadership program accepted a donation of \$3,225 and two manuals from Rick Antaya, of the Waterloo Wellington Dufferin Rural Recreationists, on March 29. The program will be taking over the printing and distribution of the manuals. The revenue will be put towards student bursaries and enhancing the program. Those taking part in the presentation included (from left) Rick Antaya, Norma McDonald-Ewing, recreation and leadership program faculty, Bill Jeffrey, dean of the school of health sciences and community services, Laura Holtom, advisory chair for the program, and Greg Burns, program co-ordinator.



## From the Sanctuary

Remember back to nursery school or kindergarten? There was always that wonderful time of day when the teacher stopped class and told everyone to lay down for a nap. Ah, those were the days. But why did we need 'nap time' when we were younger when all that we did was sleep? They should have reversed the system and a forced the little ones to stay awake for the entire half of a day that they were in school, and let them sleep on their own time. Give the older folks the opportunity for the well deserved nap time that we all know we need from time to time.

Now that exams are coming into the forefront, the issue of sleep and being refreshed going into them is prominent to the success of a college career.

On average, most college students are only getting between five and seven hours of sleep per night, which is slightly below the acceptable level of eight, which Health Canada states is the nominal amount for a healthy lifestyle. Now how will cramming before an exam, and only getting 2 or 3 hours of sleep affect the results? Simple; The amount of knowledge retention that a student can hold on such a limited amount of sleep is roughly 1/8th of what they could have retained if they had had the proper amount of sleep.

This being said, studies have shown that students that have obtained proper sleep before a midterm or final have scored on average 10-15 percent higher than their counterparts from the land of sleep deprivation.

How can one combat this predicament before its goes too far?

First, having a plan in place as to when you will sleep is just as important as the actual studying process. If you can't fully comprehend the material when you are studying, the chances of information recall are far less likely to occur.

Secondly, ensure you are attending all of the classes and taking as many notes as possible. It may sound like a simple concept, but actually going to class will decrease the amount of studying you will have to do. The more you know initially, the easier it will be to recall the information when you are studying or writing the exam.

Keeping all of these tips in mind will not only help you be successful throughout your college years, but in the years to come as well.

- Jeff Stemmler,

Vice President of Communications

## COUNSELLOR'S CORNER: Community Resources

The counsellors at Student Services are here to help with issues that students face on a daily basis, but we're also here to help you connect with the many resources that are available in your area. We have information, brochures and contacts with social services, employment, housing, counselling and other agencies in Kitchener, Waterloo, Cambridge, Guelph and other communities.

Especially as the school year draws to a close for graduating students, it's important to make a connection with people and places outside the college. These resources can help you find an affordable home, find a car seat, baby clothes and toys, connect to counselling groups and workshops, or give a number to phone in a crisis. Specific professional support can be provided for pregnancy, alcohol and drug counselling, single parent and family supports, credit counselling, legal aid, and many other services.

If you're not sure where to go for help, just ask us. We'll help you get connected with the right people.

A Message from Student Services (Room 2B02)

## Book fair a success

By AIMEE WILSON

Books, books and more books.

On March 26, textbooks, laminated references and dictionaries, just to name a few, lined the hallway in the concourse of the E-wing.

Sixteen different publisher representatives attended this year's book fair, organized by the college's bookstore, to promote new material for the upcoming school year.

In previous years, the event was held in May.

This year the book fair was held earlier to give faculty a chance to review textbooks more thoroughly before the ordering due date in June.

Mary Andraza, supervisor, retail operations and campus services, as well as Tannis Gayler, Chris Hoelscher and Jarka Kolar, book-

store staff, organized this year's book fair.

Last year, the event was organized by the dean's office in the school of business and prior to that, staff in the learning resource centre took care of it.

"Because of the direct contact and involvement the bookstore has with the publisher's representatives, it seemed like a logical fit that we would take over the organization of this event," said Andraza.

Students who happened to attend the event and were interested in any material can contact the bookstore.

"I look forward to the book fair to see the latest editions," said Marlene Zister, nursing faculty.

The bookstore intends to extend the hours of the event next year, to allow more faculty the chance to attend.

## Have resume critiqued

Continued from Page 1

A professional resume is also an asset in obtaining a job. Free said she and others at the career services office will critique resumes and provide additional tips for writing cover letters and resumes. She recommends everyone have their resume critiqued at least once and update it when applicable.

With the explosion of e-mail, many employers now ask candidates to e-mail their resumes to the company. Free said people planning to do this should make the attachment (cover letter and resume) as one document, put the name of the position in the subject line and include contact information in the body of the e-mail, in case the attachment does not work.

## WHERE TO WORK

Free said the first thing to do before committing to a job is figure out what your objectives are. Where will I be living? Do I have a car to commute to a job elsewhere? Do I want experience related to my program? How much money do I want to make?

The going rate on average is between \$8.50 and \$9.50 per hour, Free said, adding she is seeing fewer minimum wage jobs, which pay \$6.95 per hour. And there are also companies, such as Nestle Water Canada, that pay between \$12 and \$15 per hour.

Some students may also wonder whether they should get a job that

## TIPS FOR JOB SEEKERS

Check job sites frequently  
Seek assistance from career services or other human resources departments

Be patient, but persistent  
Be prepared, research companies, have great resume and cover letter

Attend Career Fairs (Sept. 2003)

If living with roommates make sure the answering machine message is appropriate and states your name

And always remember: if it is your passion and dream there is always a way to get there, just put your best self forward

relates to their program at the college.

"Related experience is important, but life experience is also good," she said, adding both look good on a resume.

And to those who find doing something unrelated to their program brings in more money, Free suggests doing what will pay more and volunteer somewhere, which relates to their program.

Either way Free said there are jobs from office work and retail to construction and resort guides.

"There is something for everyone."

## Conestoga Christian Fellowship

## Bible Study

When: **Thursdays, 5:30 p.m.**  
Where: **1D17**

For all interested or with questions. Enjoy the fellowship of friends.



# Be stress free April 15 and 16

By CARLA SANDHAM

Ever wanted to just get away from it all — especially around exam time?

Student Services and Conestoga Students Inc. (CSI) plan to whisk students away to a better place during the first Stress Free Zone at the college April 15 and 16.

Falling five days before the final exam week (April 21-25), college counsellor and organizer Joan Magazine said she hopes the event teaches students how to relax during the stressful times ahead. With a little humour combined with hands-on activities and some healthy treats, students can learn to manage stress while having fun, added Magazine.

"If we can offer some time for students to chill, I am all for it," said Jody Andruszkiewicz, CSI events programmer. He added he might even take advantage of it too.

For two days, between 11:30 a.m. and 1:30 p.m. Room 1B26 will be transformed into a tranquil sanctuary for students.

"We will create a relaxing atmosphere with relaxation music, a waterfall and soft lighting," Magazine said.

Print resources and hand-outs will be available as well as aromatherapy and reflexology demonstrations and possibly a yoga instructor. Each is there to assist students with a variety of stress management techniques.

The aromatherapy booth will feature two oils; lavender, which provides a relaxing and soothing effect, and the invigorating rosemary oil.

Also during the drop-in event, which is free for students, a reflexologist will demonstrate chair massages (a shoulder massage while sitting) and hand massages, which improve circulation.

And an episode of Mr. Bean, who has a traumatic test experience, will be on display outside of the room to draw people in, said Magazine.

Stress is a normal thing, she said, and knowing how to cope with it is especially important during exams. She said when people are under too much stress their immune system fails, they experience insomnia and even have difficulty thinking straight. One tip she offers to stressed-out students is to eat healthy and keep active.

"People who are healthy are able to manage stress better," she said.



(Photos by Carla Sandham)

## Detailed miniatures

Paul Harrison, above, a first-year graphic design student, glues the pieces of his country and city landscaped miniature float together. He hopes the design is purchased to use as a full-scale float in the 2003 Schneider's Oktoberfest parade. Right, Lori Goldthorp, also a first-year student, makes a ladder for her miniature float design.



# Students agree with Canada's position on war

By DIANA O'NEILL

The latest Ipsos-Reid poll results show that the majority of Canadians are glad that our country has stayed out of the war in Iraq.

The poll, which was released March 28, showed a lot of people support our government's decision to stay out of the military action.

Sixty-seven per cent of those polled said that not siding with the United States shows the world Canada is independent, while 47 per cent feel we've turned our back on our neighbours.

Although the approval rating of the prime minister's handling of the Iraq situation declined 10 points during the first seven days of fighting, Canadians in general are supportive of the position the government has taken.

Younger Canadians are the highest demographic group polled to agree with Jean Chretien's stance on the war.

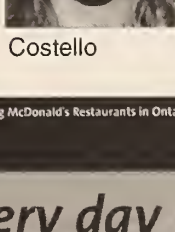
This seems to be true among Conestoga students. When asked their opinion regarding Chretien's decision, students said the PM made us look stronger as a country

by standing up for what we believe in. The majority polled also said they oppose the U.S. and its allies undertaking military action against Saddam Hussein and Iraq.



Pirrie

Jill Pirrie, 19, a general arts and sciences student, thinks that Canada made an intelligent choice. "It doesn't really have a whole lot to do with us because it isn't our war to fight," she said, adding, "We're supposed to be their ally, but we've also seen through history that they haven't always been there for us instantly either. In the First World War, the U.S. waited three years. In the Second World War, they waited two years, only joining against Hitler after Germany declared war on them."



Costello

Eva Costello, 20, a general

arts and sciences student, agreed with Pirrie. "If the tables were turned, I can't see Americans getting involved with our issues of security."

That appeared to be the major theme among students polled. Most did not believe that Americans would join Canada's fight on an issue that did not appear to be an instant security threat.



Moffatt

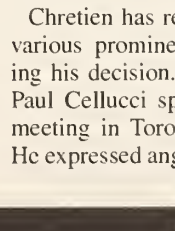
Devin Moffatt, 20, an architectural technical constructive engineering student.

"It's a good thing Canada is doing what they're doing, because in reality the war has nothing to do with us," said Candice Beselaere, 20, a health office administration student. She added, "I think that if Canada was in a war, the U.S. wouldn't jump right on board and



Beselaere

about American self-interest and oil fields," said Clint Moxley, 21, a woodworking co-op technology student. He added, "Chretien is being a smart politician by doing what his public wants and representing Canadians. I don't always agree with what he does or says, but he was wise when he said he would support the UN."



Moxley

Chretien has received flack from various prominent figures regarding his decision. U.S. Ambassador Paul Cellucci spoke at a business meeting in Toronto on March 25. He expressed anger and disappoint-

help either."

Students agreed that the war in Iraq did not appear to pose any immediate threats to American security.

"This whole thing is about American self-interest and oil fields," said Clint Moxley, 21, a woodworking co-op technology student. He added, "Chretien is being a smart politician by doing what his public wants and representing Canadians. I don't always agree with what he does or says, but he was wise when he said he would support the UN."

ment when he told the audience, "There would be no debate; there would be no hesitation. We would be there for Canada, part of our family."

Former prime minister Brian Mulroney, Albert Premier Ralph Klein, Alliance Leader Stephen Harper, Ontario Premier Ernie Eves and even Wayne Gretzky have publicly criticized Chretien's stance.

The Ipsos-Reid poll also showed apprehension regarding the potential repercussions of our lack of military support. Sixty-one per cent felt that the government's decision not to participate will have serious, negative economic consequences for Canada.

The impending misalignment with U.S. policies seemed to be a concern for students as well.

"It will probably come back to us. I'm not sure when, but most likely we'll see the affects with trading," said Moffatt.

"I can see them holding it against us, because they're the kind of people that won't let that go," Beselaere said, adding, "They seem so willing to slap it in our face."

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## It's all about the location

Anyone who knows anything about real estate will tell you the number 1 factor in determining the price of a house is location, location, location.

And that is exactly what Conestoga College has.

Toronto, depending on how fast you drive, is only an hour away. Add another hour and you're in Niagara Falls and at the border. We also sit right beside one of the busiest highways in the world. This is high-priced prime real estate, with the K-W area being one of the fastest-growing areas in Ontario.

This all sounds pretty good, but does it mean anything to the students? No, not if you live in residence or around the campus. Most don't have cars, which leaves them in a hole. If you need more than a bag of milk or want a slice of pizza, you are on your way to the bus stop and to Pioneer Park Plaza. Of course, you could walk, but for a slice of pizza you're defeating the purpose and not everyone wants to carry six bags of groceries down Homer Watson Boulevard.

The Doon area isn't exactly the liveliest area in Kitchener. Students try to make it exciting, but they can only drink milk and eat pizza for so long.

The residence in the minds of many is the biggest disappointment of all. It is run in the style of a hotel.

Visitors need to be checked in, doors need to be closed and signs about possible fines are all over the place. Walk in past the front desk by mistake and step into the elevator and you're already in the hole a hundred bucks. Strict trespassing rules in a student residence? What's next, a curfew?

However, the great thing about the residence is you feel pretty safe when you're in there. It literally feels like you are in a minimum-security prison, but without the convicted criminals. The doors are all metal with dead bolts and the whole place is wallpapered and painted the same color. Plus, all tenants have a security card to swipe before entering any ground floor hallways.

If you're a visitor and can get your hands on a security card, it's like finding gold. You may now roam the residence freely.

Conestoga Students Inc. tries to throw wonderful parties and bashes in the sanctuary, but people do not want to be here and many choose not to make the trip, so attendance is bleak.

The Doon area needs to see restaurants and businesses geared towards students. There is a market despite the high land value. A good start would be for a few businesses to open up in the vacant space available beside the Chinese Delight.

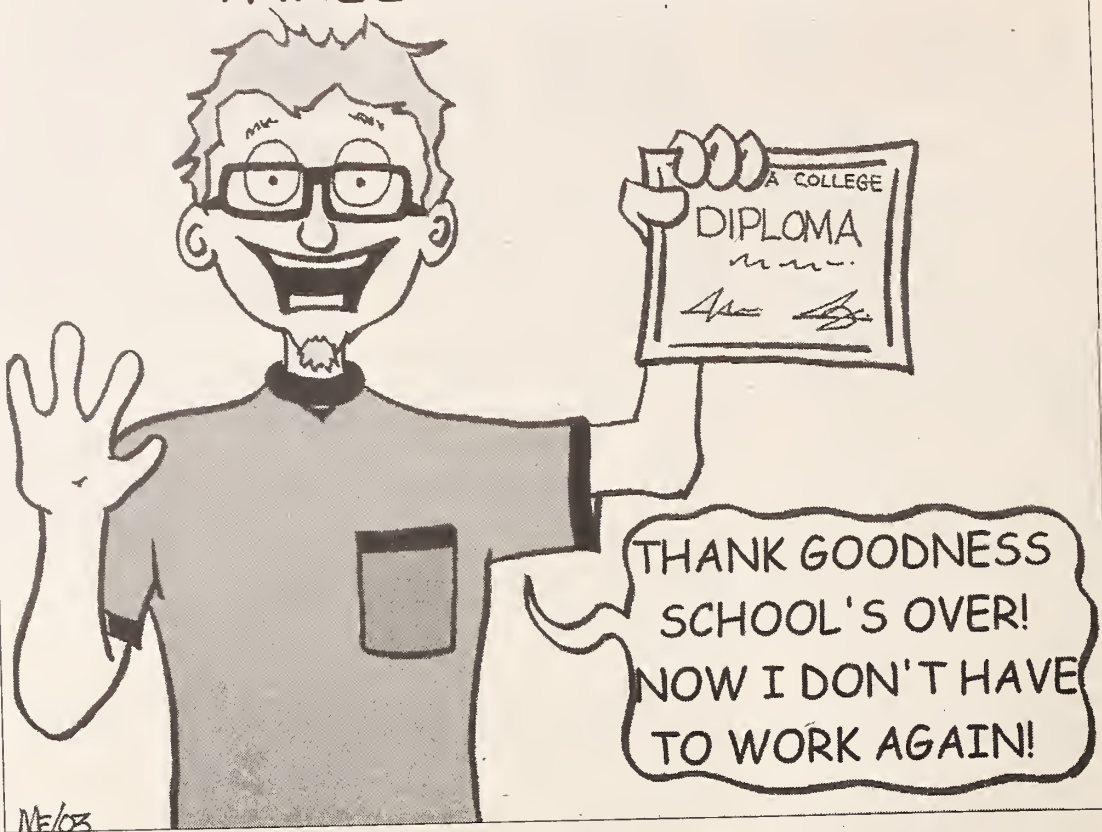
Kitchener is growing by leaps and bounds. By the year 2025, regional planners expect the population to rise by 30 per cent to 590,000.

Hopefully, these people will want to take advantage of the thousands of college students looking to spend money.

There is a market out there ready to be tapped. After all, my choices for dinner include Tim Hortons, McDonalds, and a Chinese sports bar.

Not exactly living it up.

## THREE MORE WEEKS!!!



## Canada's water priceless

It's clear, colourless, odorless, and some day could be more valuable than oil.

As the world's population continues to grow, and we pump more pollution into the environment, the less fresh water will be available to supply the world.

As fresh water grows scarcer it will become more expensive. People can live without oil, but can only survive a few days without water.

Right now, Canada has about one fifth of the world's water supply. If Canada were to export bulk quantities of water, it could boost the economy.

In fact, some countries have already inquired about obtaining some of Canada's water.

The U.S. wants to utilize Canada's water supply to meet the demands of their farmers in the southwest. They want to redirect the Yukon and Mackenzie Rivers down the Rocky Mountain trench and trap several Quebec rivers inside a dam across James Bay and flush the water down through



**Lesley Leachman**

*Opinion*

the Great Lakes. But Canada has yet to agree to this plan.

Providing the U.S. with water could be an excellent way for Canada to bring in revenue. But what would this do to our environment? The plan the U.S. has proposed would severely damage the surrounding wildlife, plant life, and fish.

Some provinces also believe that Canada's environment needs to be protected and have set laws and restrictions on the exportation of water. But, other provinces see water as being a great opportunity to make money, and have begun to dabble into water exportation. Bottled water from Lake Superior is being shipped to parts of Asia.

If Canada did begin to export its water in bulk quantities, the long-

term effects on the environment could be devastating. Rivers and lakes could have their water levels drastically reduced, which could kill off fish and other marine life.

If water exportation is not regulated and moderated carefully, we could find out a century later we don't have as much fresh water as we thought.

The federal government has realized that over time there will be more pressure on Canada to export water. The government originally wanted to make changes to the Boundary Waters Treaty in order to prevent more bulk water exportation. But, British Columbia and Newfoundland fall outside of these boundaries, so the government has decided to make a new treaty, which would incorporate all of Canada. The treaty is currently being discussed and no final decisions have been made.

I hope that our government decides to choose Canada's environment over revenue. Money won't benefit Canadians if we're dying of thirst.



### Letters are welcome

**Spoke** welcomes letters to the editor. Letters should be signed and include the name and telephone number of the writer. Writers will be contacted for verification.

No unsigned letters will be published. Letters should be no longer than 500 words.

**Spoke** reserves the right to edit any letter for publication.

Address correspondence to:  
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## Spoke

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# Comedian faces tough crowd

By JASON NOE

Performing comedy in the Sanctuary is not always an easy task.

Just ask comedian Steve Patterson, who faced a tough crowd of more than 200 students during his lunchtime show on March 26.

The crowd was sparse during the beginning of the show, but the Sanctuary eventually filled up once students saw the comedian onstage. However, after performing for a full 15 minutes, the audience had hardly reacted to any of his material.

Patterson managed to get a couple of big laughs from the crowd over the next half hour after he joked about his name, and mailing a letter from a drug store without paying for it.

Patterson's biggest laugh came when he did an impression of singer Enrique Iglesias being a stalker. The Sanctuary crowd erupted in laughter to Patterson's singing of an Iglesias song, but they stayed mostly quiet for the remainder of his performance.

**"You know it's a bad sign when you can hear the individual change being put into the machine."**

*Steve Patterson,  
comedian*

Patterson even tried poking fun at his family, the war in Iraq, Tim Hortons, and the people walking into the Sanctuary, but to no avail. At one point during the show he joked about being able to hear money falling in a change machine in the Sanctuary.

"You know it's a bad sign when you can hear the individual change being put into the machine," said Patterson onstage.

The two students who were using the machine got a chuckle out of the situation.

Most of the audience stayed for Patterson's entire performance, and he received warm applause once he finished his routine.

Patterson has been in front of large audiences several times before, over the course of his six years touring as a stand-up comedian.

He has been across Canada, and performed in Ireland, England, and the U.S. His comedic background even allowed him to become a writer for the television show, *This Hour Has 22 Minutes*. On April 12, he will also be featured in a comedy show on the CTV television network.

Patterson said once he saw the Sanctuary, he knew it was going to be a tough show.

"The people were alright, but it was just a weird set up for comedy, because it's the middle of the day, and it's a big, big, room with comfortable chairs," he said after the show. "It's tough; they don't laugh as much because they are kind of lounging and distracted."

Patterson remembers back to one of his earlier performances that he considers one of his worst experiences onstage.

"I did a show in this club once



(Photo by Petr Cihacek)

Comedian Steve Patterson entertains students in the Sanctuary March 26.

where they didn't stop playing pool during the show, and this guy came up to me with a pool cue because I had insulted him," said Patterson.

"Fortunately, the other comics I was with were really big guys so they stopped him, but I had to continue the show after that with this guy giving me the evil eye and playing pool."

Patterson admits he likes getting edgy in his routine without making sex jokes, something he believes that 90 per cent of the comics talk about in their routines today.

Conestoga Students Incorporated (CSI) arranged to have Patterson

perform in the Sanctuary, and they feel his routine is much different than a lot of the previous comedians they have had perform.

"I really enjoyed this show, and the biggest reason why is because it was a clean show," said CSI events programmer Jody Andruszkiewicz. "It's not just sex and fart jokes, and he touched on edgy subjects without being profane."

Andruszkiewicz believes it was a nice break from all the other comedians they have had perform, who concentrate their routine on dirty and vulgar humour.

"The crowd expects a certain kind of humor, and we've catered to that crowd quite heavily," said Andruszkiewicz. "I think if we get more variety in, in terms of different types of comedy, than we can build it up so we can have less profanity and more clean humour."

There were also students on campus that enjoyed the show, but felt nobody was laughing at Patterson's jokes because of the lack of profane comedy.

"He was really funny at times, but more students are immature," said computer programming student Shawn Cooper. "His routine seemed like a conversation almost, and people would stop paying attention when he would get serious."

"I think there should have been more people here, because he was really funny," said business management student Sheena Allen. "It was a nice change compared to the other comedians."

## LETTER TO THE EDITOR

### Article biased

The election article covered by Nick Horton in the March 31 edition is missing some significant facts that bias the article.

The most significant fact Mr. Horton misses is that the chief returning officer did not carry out his duties prescribed by the CSI board of directors. Nor were the policies that govern an election for CSI enforced.

Mr. Agbonaye did not have the authority to arbitrarily change the election dates because CSI policies state the election of executive members must be held six weeks prior to April 15.

Nor should the CRO have offered Mr. Nizar Abboud an option of a byelection for being disqualified. Not only did Mr. Abboud not follow the rules outlined in the CSI's election policies, but there are no provisions in the CSI election policies that cover byelections.

In instances where the CRO was unavailable to deal with election issues, the CSI stepped in to assist him in making decisions according to policy.

Despite his personal misgivings regarding CSI policies, the CRO was obligated to follow them.

There can be mistakes associated with elections, which is why the CSI stepped in to assist the CRO on occasion.

When the CRO infers in the article that none of the election candidates played by the rules of CSI, that is a blatant mistake and

Mr. Horton should have exercised diligence to verify such comments before publishing his story.

Two of the five eligible candidates did not violate CSI election policies. This is a far cry from saying none of the candidates followed policy.

While it may seem small, Mr. Horton should also exercise significant care in ensuring he gets the names of his sources correct. The general manager of CSI is Judy Dusick, not Judy Dench.

Obviously there are errors in this article and missing key facts.

It is apparent that Mr. Horton did little in the way of fact-checking when writing this story. He should have researched this article more thoroughly before printing such errors.

There were problems with the election that CSI is striving hard to correct. It is apparent the chief returning officer can no longer be a student because of the issues surrounding the current election.

But these problems do not negate the poor reporting in this article. The CSI hopes that all Spoke reporters do the best they can to get all the facts correct, regardless if the article is critical of the CSI.

Sincerely,

Conestoga Students Inc.

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# Blue Jays kick off 2003

*50,000 turn out to see game*

By JAMES K. DOYLE



The birds are singing, the snow is melting, and baseball is finally underway.

On March 31, the Toronto Blue Jays opened their 2003 season at home against the New York Yankees. And though they may have lost the game 8-4, it was still fun to be there to cheer on the home side.

The pre-game ceremonies started with the SkyDome lights being dimmed for a laser show in centre field. The lasers formed a map of North America, which slowly turned into a large map of Canada. The map then became a compass, and the Blue Jays new "Baseball North" ad campaign was taking shape.

The Yankees starting lineup was introduced to a sold-out SkyDome, which in turn booed to their hearts content. But then the music started getting louder and smoke came billowing out of the Blue Jay dugout. The starting lineup received boisterous applause as they took the field. The cheering crowd brought me back to when the Jays sold out every game and people were happy to be Blue Jay fans. Looking around the packed SkyDome was a thing of beauty.

**The Blue Jays were struggling to get runners on base all night against a dominant Clemens.**

It was now time for Shawn Desmond, a Canadian R and B singer, to sing the national anthems. Once he was finished, 2002 American League Rookie of the Year Eric Hinske came to home plate to receive a standing ovation for his award. Lorne Michaels of Saturday Night Live threw out the ceremonial first pitch, and it was time to play ball.

Blue Jay starter Roy Halladay was not sharp in the first, giving up a double to Yankee shortstop Derek Jeter. Halladay then got Jason Giambi to fly out, but walked Bernie Williams with two out. This brought up the Yankees newest off-season purchase, Japanese import Hideki Matsui. In his first ever Major League at bat, Matsui singled to left field, driving in his first run. Halladay was able to get out of the inning with only giving up one run.

In the home half of the first, the Blue Jays threatened right away. Frank Catalanotto, the Jays new right-fielder got on with a single. Vernon Wells struck out, giving the Jays two outs. Carlos Delgado then walked bringing designated hitter Josh Phelps to the plate.

Yankee starter Roger Clemens then plunked Phelps, in what may have been some payback after Phelps hit a grand slam off Clemens last year into the SkyDome's fifth deck.

The second walk meant that Hinske would be coming to the plate with the bases loaded. But even on Eric Hinske Bobble-head night, he was no match for the Rocket. Clemens struck Hinske out looking to end the threat.

There was more drama in the third inning when Yankee shortstop Jeter tried to go first to third on a ground ball. Delgado's throw to third was high, but Ken Huckaby was able to bring it down, injuring Jeter's left shoulder while trying to make the tag. Jeter was down for an extended period of time, and was eventually carried off on a cart.

Both pitchers seemed to settle down after the first, but Halladay got hurt again with two out in the top of the fourth. Halladay got the first two Yankees out, but let Jorge Posada get on base. Third baseman Robin Ventura stepped into the box and took Halladay over the right-field fence for a two-run homerun.

The Blue Jays were struggling to get runners on base all night against a dominant Clemens. The Yankees, on the other hand, had no trouble getting their bats going. In the top of the sixth, Halladay let Williams get on base to start the inning. He then got the ground ball he needed, but an Orlando Hudson throwing error left runners on first and second with none out. Posada then singled to score Williams, making it 4-0 Yankees. Ventura and Nick Johnson then got on base, setting up a bases loaded at bat for Alfonso Soriano. Soriano took the Halladay offering over the left-field wall for a grand slam. There was no more scoring until the bottom of the ninth. The Jays made the final score look respectable, by scoring four runs in their half of the inning.

All in all it was a good night at the ballpark. The large crowd watched the Blue Jays rally when they were down 8-0, showing there is no quit in this young team. All 50,000 fans got to see why the Yankees are a perennial contender, and they now know what the Jays have to do to compete against the better clubs.



## Effective Memory

There are many effective strategies that you can try to improve your memory. Try some of these...

**ACRONYMS** – invented combinations of letters. Each letter is a clue to an idea you need to remember. EG. RAM = Random Access Memory.

**ACROSTICS** – invented sentences where the first letter of each word is a clue to an idea you need to remember. EG. Every Good Boy Deserves Fun = the order of notes in music, EGBDF.

**RHYME KEYS** – memorize key words that can be associated with numbers. EG. Bun rhymes with one, shoe with two, tree with three, and door with four. Make up sentences using the associated words.

**IMAGE-NAMES** – Simply invent any relationship between the name and a physical characteristic. EG. to remember the name, Shirley Temple, you might think about how she had "curly" hair. Curly rhymes with Shirley.

**CHAINING** – Create a sentence where each word you have to remember clues the next idea you need to recall. EG. to remember a string of words like: Monet, ear, door and Germany, you could invent a sentence where "Monet gets his ear stuck in the door while listening to people speaking German".

**FLASH CARDS** – a great study tool for memory work.



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# Thank you!

The CSI would like to take this opportunity to thank the students and staff of Conestoga College for contributing to all our success this year

Conestoga College students are the best students in Ontario. Every day, the students at Conestoga participate in a variety of student life activities provided to them by their student association. But the activities we provide wouldn't be possible without the continued support of the student body. CSI thanks you for the support this year.

And while events are important, the CSI also understands that student advocacy is equally important. We are here to help students in all capacities at Conestoga. CSI will continually support students and student rights.

As the end of the year quickly approaches, the student body at Conestoga College should know that the successes of this year will be built into the success of next year.

Take care of yourselves this summer and we'll see you in the fall.

We could not succeed without your help

Many thanks to you for helping so many people through your contributions.

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**S T U D E N T S I N C.**